## Dental Therapy: Improving Access to Care

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## What is a Dental Therapist

An oral health practitioner who works under the supervision of a licensed dentist. A member of the health care team who is

educated to provide evaluative, preventive, restorative, and minor surgical dental care within their scope of practice.



## What is a Dental Therapist

- DTs engage in oral health prevention and promotional activities including:
  - motivational interviewing
  - oral health education
  - oral screenings
  - caries risk assessment
  - referrals.
- DTs engage patients in community-based, alternative practice settings

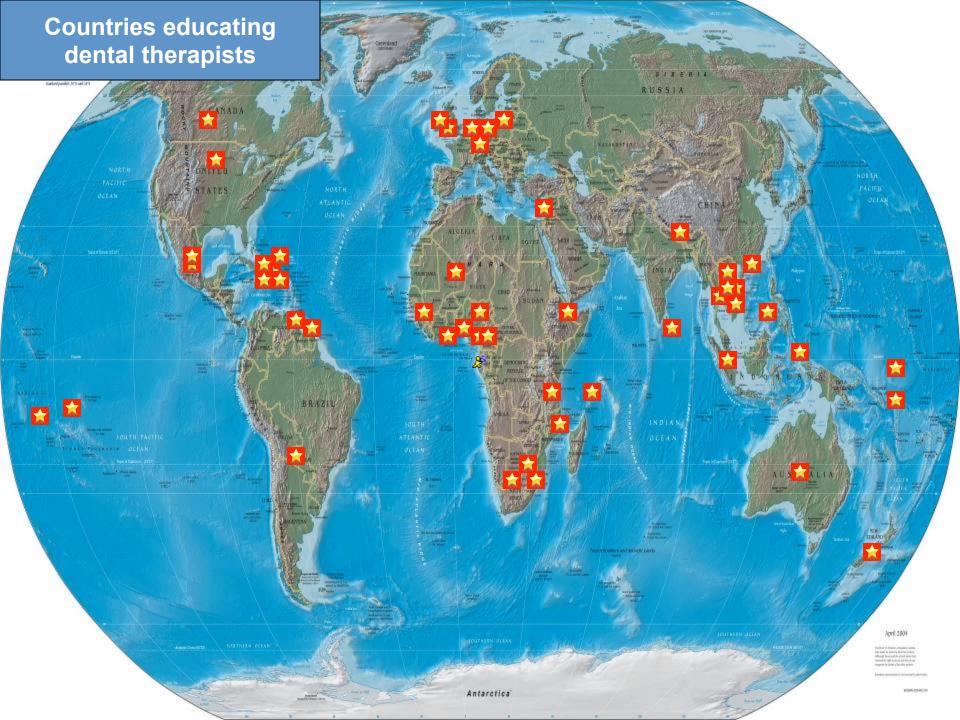
School of Dentistry

## The Value of Dental Therapists

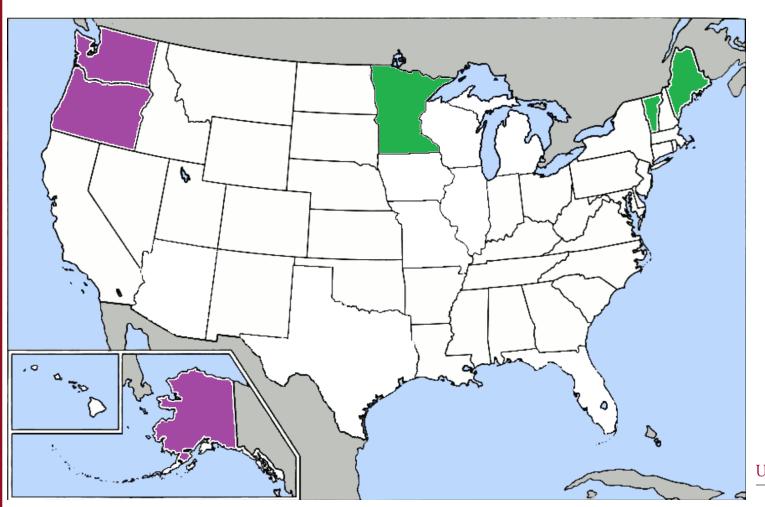
- Complementary to dentists
- Extends reach of dental practices
- Similar to physician's assistants in medicine
- Increases economic viability for dental practices treating underserved patients
- Team-based care allows dentists to focus on more complex procedures







## Dental Therapy in the U.S.



State Authority

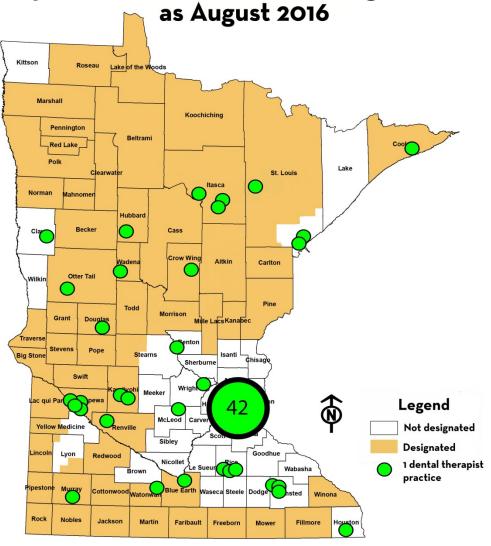
**Tribal Authority** 



## MN - DT Employment

- 63 Licensed Dental Therapists
  - As of August 2016
- 95% of DTs seeking employment are employed
- All are in settings that serve low-income, uninsured and underserved populations; or dental professional shortage area

#### MN Dental Therapists in Practice by Health Professional Shortage Areas



# Dental Therapy Employment Sites by County

Metro Area – 52%

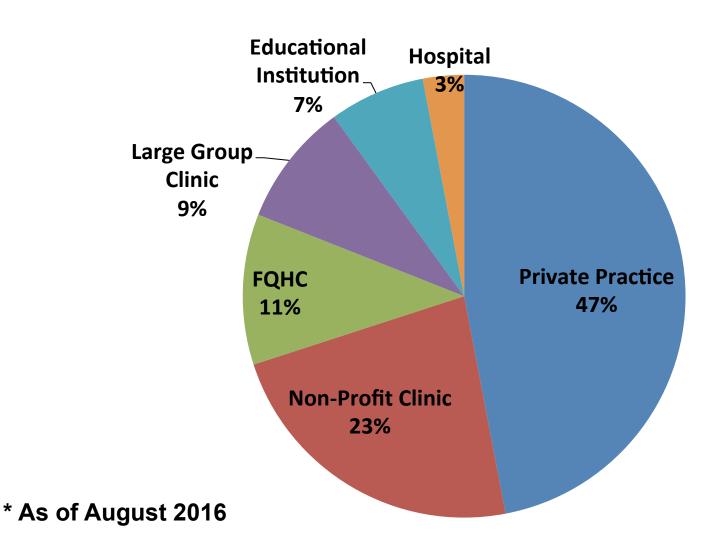
Greater MN - 48%

This map provided by the University of MN School of Dentistry

Data Source: Minnesota Department of Health Office of Rural Health and Primary Care State DD HPSA Nov 2014 \* As of August 2016



## MN - DT Employment Settings





## Impact and Effectiveness

- Decreased travel and wait times
- Clinics saw more new underserved and Medicaid patients
- Increased dental team productivity
- Reduced clinic operating costs
- No complaints or concerns about quality or safety
- DTs working in a variety of treatment settings





#### Early Impacts of Dental Therapists in Minnesota

Minnesota Department of Health Minnesota Board of Dentistry Report to the Minnesota Legislature 2014

February 2014



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