## newsletter



# Message from the NDA President

Pamela S. Alston, DDS, MPP, FACD

here is a song that plays in my head sometimes as I am performing my NDA Presidential duties. It is ironic because the song's title, "Oh Happy Day" does not match the gravitas of the issues with which the NDA is grappling this year. Actually, it is not the song title so much as it is the lyrics that power the NDA's efforts, "... Watch, Fight, and Pray and Live Rejoicing."

**Watch**— The NDA is vigilant for opportunities to promote our mission. We watch not as bystanders but as upstanders. We are forging and fortifying partnerships for health equity! The Multicultural Summit that the NDA convened with the Hispanic Dental Association and the Society of American Indian Dentists under the auspice of the Diverse Dental Society provided an unparalleled opportunity for deep interchanges about oral health disparities and inequities. The Minority Faculty Development and Research Committee will publish a declaration related to oral health in communities of color. Thanks to all Summit committee chairpersons and members.

I delivered the NDA COVID-19 Task Force's public comment to the White House COVID-19 Health Equity Task Force on its recommendations addressing future pandemic preparedness, mitigation, and resilience needed to ensure equitable response and recovery in communities of color and other underserved populations. The NDA Research Committee responded to a Request for Information and provided feedback on approaches the NIH can take to advance racial equity, diversity, and inclusion within all facets of the biomedical research workforce and expand research to eliminate or lessen health disparities and inequities. The NDA provided high-level feedback on the National Council for Behavioral Health's Integration Framework for Oral Health and Behavioral Health Care draft. NDA member Dr. Ronni Brown and I will be in conversation during SmileCon<sup>TM</sup> on how to speak with patients about their substance use disorders. Our NDA leaders are representing the NDA on boards, taskforces, and committees as well as contributing at national conferences.

**Fight**—NDA upstanders are continuing to intervene on social justice issues. NDA member Dr. Cecil White is co-leading a movement among ADA members to press the ADPAC funding decisions to be consistent with the ADA's Principles and Ethics, and/or Diversity and Inclusion Core Values so that ADPAC funds will withheld from avowed White Supremacists such as Congressman Paul Gosar. NDA member Dr. Laila Hishaw with the support of the NDA came out very strong against a racist attack after the ADA News published her excellent Op-Ed on diversity and mentoring BIPOC students.

**Pray**—During these times uncertain and troubling times, the NDA continues to pray for your families and you. Last month, the NDA family organizations came together to observe Thankful Thursdays. The weekly programs were streamed on social media to make them fully accessible. Thanks to Past-Presidents Carrie Brown and Judy Greenlea Taylor, prayer warriors and attendees.

Rejoicing-Even now, there are many reasons live rejoicing. For example, new Executive Director, Keith Perry, Esq., a well-connected and experienced association executive, is onboard using his skillset and passion to help the NDA navigate during these public health, economic, and social justice crisis times. We rejoice in the commitment of the National Office. We rejoice that our NDA family organizations had successful conventions. We rejoice in our Corporate Round Table members' ongoing generous support. We rejoice that NDA Chapters are performing community outreach dubbed National Days of Action. We rejoice in the accomplishments of HEALTH-NOW®, and all our programs. We rejoice in the loyalty of our NDA leaders, volunteers, chapters & societies and all our NDA membership.

Stay woke, be watchful, be well, and keep hope alive. The NDA appreciates you and all that you do in support of our beloved NDA.

Sincerely,

Pamelallston, DDS, MPP, FACD

Pamela S. Alston, DDS, MPP, FACD President, National Dental Association



# National Dental Association CORPORATE ROUNDTABLE FO

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September 2021



## Message from the National Office

#### **Bold Action and "Good Trouble"**

It is my distinct honor and privilege to address the NDA Family for the first time in this forum as Executive Director. As I have said on many occasions since I began, serving you represents the pinnacle of my career. Since my arrival in

the national office, we have been engaged in strategic planning, bold action and what the late Congressman John Lewis called, "good trouble". We've had challenges because the year that preceded my arrival saw our community and our nation undergo myriad crises, but the NDA proceeded undeterred, because the NDA Family is called to a higher purpose and the NDA was founded for such as time as this.

NDA is rising to the occasion by making strategic investments and retooling for the challenges ahead. We're bringing a new approach to communications, advocacy, management and to outreach which are sure to pay dividends into the future.

Here's the calculus. Your membership dues support NDA communications, outreach, advocacy, coalition building and administrative improvements, which appeal to corporate partners. New corporate partners add resources to expand our organizational capabilities. Expanded organizational capabilities attract new members and provide incentives for improved member benefits and the virtuous cycle continues. It's a pattern of growth that is self-sustaining and once initiated, it cannot be stopped.

#### **End of Year Priorities**

We need your feedback, your advice, and your recommendations as we seek to make the member experience second to none. As Executive Director, I am laser focused on improving the member experience and as a result the National Office will be working on the following:

- · Improved member services and communication
- · Aggressive and innovative marketing and improved member benefits
- Active engagement with state and local societies
- Identifying new sponsorship and partnership opportunities
- Initiating a "Fall Membership Offensive" powered by social media and word of mouth.

#### **Selected Highlights of the NDA In Action:**

- NDA has initiated an exciting new member benefits program involving discounts for goods and services, including Office Depot and up to 30% off Lenovo Computers and up to 25% Discounts on Avis and Budget Rent-A-Cars. Look out for a brand-new member benefits page on the NDA website.
- We've moved the National Office to 3060 Mitchellville Road, Bowie, Maryland, Suite 215.
   Please feel free to drop in if you're in the neighborhood.
- We welcomed Ebonei White as our new Membership Relations Coordinator. She will interact directly with members and the public while also serving as the assistant to the Executive Director.
- We're refreshing and relaunching the NDA store by adding more engaging products to increase interest, improve marketing and increase revenue. Stay tuned for updates.
- NDA has named a new General Counsel, Mr. Robert Clayton Cooper of the law firm of Cooper and Crickman in Washington, D.C. Mr. Cooper has more than 30 years' experience and will advise the Board and the Executive Director on particular legal matters.
- We have also hit the ground running on the advocacy front, working with President Pamela Alston to support NDA member Dr. Laila Hishaw as she braved a racist attack from another member of the dental profession. In addition to national exposure for the NDA's strong, principled stand, a meeting with the President of Roseman University and the Dean of its dental school was held to address the issue of institutional racism within the dental profession.
- NDA issued a strong statement in support of Dr. Cecil White and his colleagues for their courageous stand against ADPAC's support of Rep. Paul Gosar.
- The NDA Strategic Communications Team is working on the following improvements to how the NDA communicates with members and the public.
  - O A permanent NDA App

- O Redesign and Relaunch of the NDA Website
- O Increasing and enhancing Social Media Presence
- The NDA in partnership with Colgate is launching the Oral Systemic Health Equity Consortium with a series of discussions with African American interprofessional healthcare leaders throughout the fall. More information on this exciting initiative will be available on the NDA website.
- The NDA is now in collaboration with the Montgomery County, Maryland Department of Health and Human Services for what is anticipated to be a series of NDA-HEALTH NOW® community health screenings.

I'm immensely proud to serve as the 6th Executive Director of the National Dental Association. I believe that I was called to do this work. I am truly humbled by the honor and inspired by the opportunity. Together, with maximum determination, we will meet the challenge.

NDA forward!

Keith Andrew Perry, JD Executive Director

### **Inside this Edition**



# Community Outreach

# NDA-HEALTH NOW® stays on the move with the NDA National *Days* of Action!

s we continue to encounter barriers and roadblocks to our old way of life, NDA continues to pivot. As the needs of many of our communities increase, the National Dental Association's signature program and community service arm, NDA-HEALTH NOW®, has been busy from coast to coast! This summer, we partnered with Colgate during their National Oral Health Month. Due to COVID, Colgate's Bright Smiles, Bright Futures® Dental Vans had to shut down with them instead offering a virtual children's oral health and education program. However, their National Oral Health Month saw the revitalization of the program as the wheels literally started to turn. We were proud to play a part with NDA members volunteering in several cities. In Nashville, Tennessee, longstanding NDA member and Meharry Associate Dean - Dr. Julie Gray, lead several teams of fellow faculty members on Colgate's Bright Smiles, Bright Futures® dental vans. Overall, they volunteered at five individual Colgate outreach events spread all over the city. In Phoenix, Arizona, NDA Past President Dr. Kim Perry mobilized A.T. Still University dental students to volunteer. She supervised them while they participated and pitched in to provide additional oral health education. The children were excited to receive Colgate backpacks with toothbrushes and toothpaste.

But Crest Oral-B was not to be outdone! With a recordsetting donation of dental products, Crest has supplied several community outreach events held by NDA members and their local chapters. Dr. Maurice Edwards of the Greater Metro New York Dental Society incorporated the Crest Oral-B children's dental products into the "Back to School Backpack Giveaway" held at Central Brooklyn Ascend Charter School. The event was an incredible success and supplied over 200 children many of the things they will need to have a successful school-year, including products and information to help them keep their mouths and smiles healthy. In Maryland, Drs. Cheryl Lee, Belinda Carver-Taylor, and Laura Muhammad led a team of Howard University dental students as they partnered with the Montgomery County, Maryland Department of Health & Human Services African American Health Program (AAHP) and the National Center for Children and Families at a "total health" fair and COVID vaccination event. In the "Dental



Section" of the event, they offered free screenings, oral health education, and information on the oral-systemic link. They were especially grateful to Crest Oral-B for donating the items that were distributed and they continue to be proud to have participated in an event that helped to bring COVID testing, vaccinations, and more to the communities that they serve.

There are several events on the horizon! President of Georgia Dental Society, Dr. Daniel West will be partnering with Sisters by Choice and adding Crest's donated dental products to their giveaways. In Maryland, NDA President-elect Dr. Cheryl Lee will be collaborating with elementary schools to supply the students with goody bags stuffed with Crest Oral-B's donations. In the city of Baltimore, NDA-HEALTH NOW® will be collaborating with Counciman John Bullock of the 9th District on an upcoming community outreach event.

Do you have a project or program that could benefit from the generous donations that NDA has received from its Corporate Partners? Let the NDA National Office know how NDA-HEALTH NOW® can help support you and your local outreach initiatives!!



## NDA Juneteenth celebration

his year, the National Dental Association was pleased to celebrate Juneteenth as a now federally recognized holiday. According to the Library of Congress, Juneteenth, celebrated on June 19, was first celebrated in Texas in 1865 after General Robert E. Lee surrendered and federal troops, led by Major General Gordon Granger, arrived in Galveston, Texas. Though all enslaved people were declared free as of January 1, 1863, by President Lincoln in the Emancipation Proclamation, it was not until June 19, 1865, that people in Texas were liberated. In celebration of this inaugural holiday, the National Dental Association presented the NDA Juneteenth Celebration program. Our Juneteenth celebration was featured during the 2021 NDA Annual Convention held in conjunction

with the 2nd Multicultural Oral Health Summit, and it is remains available for viewing on the NDA YouTube channel, **National Dental Association 1913**, https://www.youtube.com/channel/UC3K93-8mTv-9Y52nXslYLTA. The celebration featured a video presentation of a riveting chronicle of the history of Juneteenth from Immediate Past President Dr. Sheila L. Armstrong; and beautiful and moving performance piece from the Taratibu Youth Association dance troupe. In addition, Patterson Dental sponsored a wonderfully detailed discussion by the Gulf State Dental Association NDA Chapter President Dr. Joseph R. Willie, where he narrates the evolution of Juneteenth. We invite you to visit the channel to view the videos of all three Juneteenth pieces.



# CORONAVIRUS TASKFORCE UPDATE



Dr. Sheila L. Armstrong, DDS, FACD, FICD

NDA Immediate Past President Coronavirus Taskforce Committee Chair a s of July 27, 2021 the Centers for Disease Control (CDC) has made the following changes to its published recommendations on its website for ALL people and professions: (www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated-guidance.html)

- Fully vaccinated people should wear masks in public indoor settings in areas of substantial or high transmission.
- Fully vaccinated people should choose to wear masks regardless of the level
  of transmission if they are immunocompromised or at increased risk for severe
  disease, or if they have someone in their household that is immunocompromised,
  at increased risk of severe disease or not vaccinated.
- Fully vaccinated people that have had a known exposure to someone with suspected or confirmed COVID-19 be tested 3-5 days after exposure and wear a mask in public indoor settings for 14 days or until they receive a negative test result.
- Universal indoor masking for all teachers, staff, students and visitors to schools regardless of vaccination status.

The CDC has made the following update to its website for Dental Professionals specifically: (www.cdc.gov/coronavirus/2019-ncov/hcp/dental-settings.html)

• Updated wording regarding aerosol-generating procedures for all patients regardless of known or suspected Sars-CoV-2 infection status. This has been removed, universal precautions should continue to be followed for all patients.

The National Dental Association recommends that you monitor the CDC website for updates and tools to educate your patients and community regarding COVID-19 vaccinations and protocols. We also encourage you to visit your state and local websites for specific rulings that may be unique to your state.

#### **COVID-19 Variants**

There are several COVID-19 variants that are making headlines in the news every day. A variant of a virus has a spike protein mutation. The most predominant variant that is being seen in the United States today is the Delta Variant (B.1.617.2) (www.cdc.gov/coronavirus/2019-ncov/variants/delta-variant.html) This variant was first identified in India in December 2020, and was first seen in the U.S. in March of 2021. The Delta variant makes up approximately 83% of the U.S. COVID cases today. This variant is 50% more contagious than the original Coronavirus. It spreads easily and is more deadly than the original virus. Kids and younger adults that have not been vaccinated may be more susceptible to this variant. This variant is present in all 50 states. The Delta variant has slightly different symptoms, for example you may or may not experience loss of taste and smell, in addition to presence of a cough, shortness of breath, fever, body aches and congestion. 2 doses of the Pfizer or Moderna vaccine have been found to be 88% effective against the variant and 96% effective against hospitalization. People with only a single dose of either vaccine are more vulnerable to the Delta variant, which has been described as "hyper" transmissible. Patients become sicker and symptoms worsen more quickly. Pfizer has announced that they will seek FDA Authorization for a booster dose in August.

#### **Designation of Variants**

(www.cdc.gov/coronavirus/2019-ncov/variants/variant-info.html#Concern)

There are three classifications of variants, Variants of Interest (VOI), Variants of Concern (VOC) and Variants of High Consequence (VHC).

#### Variants of Interest

- Have specific genetic markers that affect transmission, diagnosis, therapeutics or immune escape.
- There is evidence that it is a cause of increased proportion of cases.
- Has limited prevalence or expansion
- Some examples of VOI are the Eta, Iota, Kappa, Epsilon, and Lambda variants as well as some that have yet to be given a WHO (World Health Organization) name.

#### Variants of Concern

- Are monitored and characterized by Federal agencies.
- There is evidence of an increase of transmissibility.
- Evidence of more severe disease, increased hospitalizations, or deaths.



# CORONAVIRUS TASKFORCE UPDATE

- Significant reduction in neutralization by antibodies generated during previous infection or vaccination.
- Reduced effectiveness of treatment, vaccines or diagnostic detection failures.
- There are several VOC in the U.S.:
  - 1. Alpha (B.1.1.7) -First seen in the United Kingdom (UK)
  - 2. Beta (B.1.351) -First seen in South Africa
  - 3. Gamma (P.1) -First seen in Japan and Brazil
  - 4. Delta (B.1.617.2) -First seen in India
  - 5. Delta Plus (B.1.617.2.1) -First seen in India

#### Variants of High Consequence

- There is clear evidence that prevention measures or medical counter-measures have significantly r e d u c e d effectiveness.
- 2. There are no variants at this level at this time.

#### **Additional Resources and Information**

 Resources for Renters and Landlords: Visit the Consumer Financial Protection Bureau for help finding assistance in your www.consumberfinance.gov/renthelp

- HRSA (Health Resources and Services Administration) If you received funding from HHS/HRSA, the Provider Relief Fund Reporting Portal is now open for instructions for required reporting. www.//prfreporting.hrsa.gov
- The SBA (Small Business Administration) An online portal that lets most Paycheck Protection Program loan recipients apply for loan forgiveness directly with the agency has been launched. Recipients that received less than \$150k are eligible to use this portal. Over 800 banks are participating in the portal. (You can check to see if your lender is participating at: sba.gov/document/support-ppp-lenders-participating-direct-forgiveness)
- Loan Forgiveness Portal: directforgiveness.sba.gov

#### Thank You NDA COVID-19 Task Force

Sheila L. Armstrong, DDS, FICD, FACD, NDA Immediate Past-President, Task Force Chair

Pamela S. Alston, DDS, MPP, FACD, NDA President Edward Brown, Jr., DDS, DMSc

Cheryl Lee Butler, DDS, NDA Chairman, Board of Trustees John T. Daniels, DDS, FICOI, FICD, NDA Immediate Past

Cherae Farmer-Dixon, DDS, MSPH, FACD, Dean, Meharry Medical College School of Dentistry

Eleanor Fleming, PhD, DDS, MPH

Andrea Jackson, DDS, MS, FACP, FACD, Dean, Howard

University College of Dentistry

Hazel Harper Johns, DDS, MPH, FACD, NDA Past President LaVette Henderson, CMP, HMCC, FACD, NDA Executive Director

Kim Perry, DDS, MSCS, FACD, NDA Past President Janet Southerland, DDS, MPH, PhD Kim Turner, DDS, MBA

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Dondre Simpson, DDS
Lenise Yarber, BSDH, DDS
Louis Hassell, DDS
Ruges Stockton, DDS
Camesia O. Matthews, DDS
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Ken B. May, BS, DDS, MS Anthony Neeley, DDS, MDentSc, PhD Wayne Walker, DDS, NDA Speaker of The HOD Mary Lee Conicella, DDS, Chief Dental Officer, Aetna Cheryle Baptiste, DDS

#### **NDA Transformational Thursday Prayer Team**

Carrie Brown, DMD, FICD, FACD, NDA Past President, Chairperson

Judy Greenlea-Taylor, DDS, MPH, FICD, NDA Past President Todd V. Ester, DDS, MS

Madeline J. Anderson-Thomas, DDS, FICD, FACD, FPFA, NDA BOT Past Board Chair

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Terri Johnson, RDH, NDHA Vice-President

Kiamesha McClellan, DDS

Latisha Canty, RDH

Janet Southerland, DDS, MPH, PhD

# **Protocol**Corner





#### Hello Everyone!!!

I am honored to continue my service with the National Dental Association and to work with the organization moving toward a bright future as we grow toward a new and improved NDA.

COVID-19 has changed life dramatically for all of us, as the new Delta variant spreads across the country, I hope that everyone is vaccinated and remains healthy, and that your families are safe. If you have not received your vaccination, please consider doing so, this is a public health emergency!

The Board of Trustees is authorized in the Bylaws to establish and implement governance policies to manage the organization. During the convention two board position statements were approved.

The two position statements will focus on ethics and our auxiliary NDA organizations. The first focuses on ethics, wherein members who violate ethics that are detrimental to the image, standing, and reputation of the NDA will be subject to punitive measures if they misrepresent themselves as having the authority to speak on matters of the NDA policies or positions. The level of consequences will be determined by the potential damage done by either an individual member or an officer of a local society.

The second is regarding the Auxiliary NDA organizations and their participation in the Annual Convention. The Annual Convention contracts are based upon full participation of all the NDA Family organizations. This includes room nights, food and beverage, and all associated events and activities. Any auxiliary organization planning independently of the NDA jeopardizes the financial stability and contractual obligations of the NDA who is ultimately responsible for the convention.

The House of Delegates made a change in the Bylaws regarding a past president's council which states:

The Past Presidents Council will serve as an advisory Council to the President and the Board of Trustees for the purpose of providing historical perspective and institutional knowledge on issues of interest and concern. The Immediate Past President shall serve as the spokesperson for the Council and on occasion the entire Council may request an opportunity to be present for discussion.

The rationale for this change was as follows: The Past Presidents historically have been asked to support the NDA financially and to provide the institutional wisdom of their Presidencies and to convey their historical perspective. The Council routinely is provided with annual updates during the Past Presidents Breakfast by the Chairman of the Board of Trustees. The inclusion of this Council establishes this body as a recognized advisory group for that purpose.

The NDA leadership encourages the involvement of local chapters, we understand there may be differences of opinion or points of view about a subject or policy, we can only speak as one voice, and have a consistent message if we truly wish to be heard.

**Joshua B. Tyson, DDS, MPH** Speaker of the House of Delegates

#### **NDA OFFICERS - 2021**

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Darlene Gay



Saturday, December 11, 2021 7:00 p.m. – 11:00 p.m. National Museum of African American History and Culture 1400 Constitution Ave., NW Washington, DC 20560



SCAN CODE TO PURCHASE TICKETS & MAKE DONATIONS





# NDHA SPEAKS: The National Dental Hygienists' Association Initiative to Promote Dental and Overall Health

By Latisha Canty, RDH, BS, MSN Barbara Purifoy-Seldon, RDH, MS

t has been two years since the Covid-19 Pandemic began, yet it continues to devastate our country. According to the Centers for Disease Control and Prevention (CDC), the United States has approximately 41,915,285 Covid-19 cases and over 670,565 deaths from Covid-19. To date, there have been more deaths of Americans related to Covid-19 pandemic than the 1918 flu pandemic. The Covid-19 has not only affected the United States of America, but the entire world. In fact, there has been over 227,860,623 cases and over 4,682,527 deaths associated with Covid-19.

Covid-19 is a deadly virus that has affected the lives and health of many people around the globe, but the virus is not the only culprit. There has been a recurring conversation about how individuals with preexisting conditions often suffer more from the effects of Covid-19

than individuals with no preexisting conditions. The Covid-19 pandemic has highlighted that the United States of America lacks health equity. Health equity is the opportunity for all individuals to be as healthy as possible. In a society that has health equity Any member would have the opportunity to seek healthcare regardless of their race, socioeconomic status, gender, education, etc. Health equity in America would mean a healthcare system without discrimination.

Black, Indigenous, and People of Color (BIPOC) have been disproportionately affected by the economic, social, and secondary health consequences of COVID-19. Conditions in the places where people live, learn, work, play, and worship affect a wide range of health risks and outcomes, such as COVID-19 infection, severe illness, and death. These conditions are known as social determinants of health. Long-standing inequities in social determinants of health that affect these groups, such as poverty and healthcare access, are interrelated and influence a wide range of health and quality-of-life risks and outcomes. For example, periodontal disease is one of the most prevalent chronic diseases in the United States with 46% of adults over 30 showing symptoms. Although significant improvements have been made to improve oral health in America, many people still experience barriers to preventive or essential dental care. BIPOC as well as low-income populations, children and pregnant women are at greater risk of oral health diseases. These dental care disparities have only been exacerbated by the pandemic. NDHA is aware of the healthcare disparities that are prevalent amongst BIPOC (Black, Indigenous, and People of Color) populations and want to do our part between dental health and overall health.

October is National Dental Hygiene month, and October 18th thru October 24th, 2021, is Oral Systemic Health Week. The National Dental Hygienists' Association is launching a campaign that not only promotes dental health, but overall health. NDHA understands that dental health is an integral component to overall health. Our objective is to help raise awareness to the importance of good oral health in the prevention of dental disease and other systemic diseases. Dental hygienists are more than clinicians, but educators too. We take immense pride in sharing information about systemic diseases to our patients. We recognize that our responsibilities are greater than just "cleaning teeth." are inflammation prevention specialists! Our services include reducing inflammation, identifying, and treating oral disease while it is manageable, preventing oral disease, preserving oral health, promoting oral cleanliness, helping people to keep their teeth for a lifetime, and most recently recognizing oral conditions that impact

chronic diseases. Our campaign will include series of videos educating viewers on several topics including oral health, dental caries, and the oral systemic link. We will also be uploading a PowerPoint presentation to social media platforms, i.e., Facebook, Instagram, and possibly TikTok! Our goal is to educate the masses and in turn, help prevent disease.

Our oral health offers clues about our overall health and problems in the body often manifests in the mouth. The surgeon general's report referred to the mouth as a mirror of health and disease occurring in the rest of the body in part because a thorough oral examination can detect signs of numerous general health problems, such as nutritional deficiencies, systemic diseases, microbial infections, immune disorders, injuries, and some cancers. In addition, there is mounting evidence that oral health complications not only reflect general health conditions but also exacerbate them. Your mouth is the entry point to both your digestive and respiratory systems. Bacteria that enter the digestive and respiratory systems through the mouth have the potential to cause disease. Studies suggest that oral bacteria and the inflammation associated with periodontitis might play a role in some diseases. And certain diseases, such as diabetes and HIV/AIDS, can lower the body's resistance to infection, making oral health problems more severe. In fact, Diabetes has a bidirectional relationship with periodontal disease. Studies have shown that treating one condition positively affects the other condition.

Infection and inflammation in the mouth contributes significantly to medical conditions like Alzheimer's disease, heart attacks, stroke, low-weight pre-term births, cancers, rheumatoid arthritis, sleep apnea, myofunctional disorders and a host of other inflammatory conditions. Medical literature has numerous articles, published in the highest rated peer-reviewed journals, documenting the oral-systemic link to health and well-being. Major universities and medical institutions like the Mayo and Cleveland Clinics, the World Health Organization (WHO), The National Institute of Health (NIH), and the Center for Disease Control (CDC) are readily changing their standards of care initiatives to incorporate the oral-systemic associations that research has uncovered. Because body parts and organ systems are connected via the bloodstream, the lymphatic system, the endocrine system, the gastrointestinal system, the nervous system, and the immune system, treating symptoms of singular body parts only, is no longer effective. It seems reasonable to conclude that what happens in one part of the body can affect the rest of the body. Often the dental hygienist is the first to see signs of systemic diseases because mouths are a good indicator of overall health. Research continues to emerge.

We know that having good oral health has many advantages and that poor oral health has many disadvantages. Just as effective and efficient chewing, enjoyment of food, pleasing appearance, self-confidence, and freedom from pain and infection benefits of good oral health, poor oral health leads to a poor dentition, non-enjoyment of food, inability to chew properly, pain and infection, a poor smile, and especially a negative impact on nutrition intake. Educating patients about the potential systemic risks and side effects associated with poor oral health, malocclusion, and airway issues (aspiration pneumonia) just gives patients more reasons to take oral health care seriously.

Poor oral health may contribute to the following systemic diseases and complications:

- Endocarditis: This infection of the inner lining of your heart chambers or valves (endocardium) typically occurs when bacteria or other germs from another part of your body, such as your mouth, spread through your bloodstream and attach to certain areas in your heart.
- Cardiovascular disease: Although the connection is not fully understood, some research suggests that heart disease, clogged arteries and stroke might be linked to the inflammation and infections that oral bacteria can cause.
- Pregnancy and birth complications: Periodontitis has been linked to mothers having premature birth and low birth weight babies. The changes in the gingiva that occur during pregnancy are associated with the hormonal changes during pregnancy (pregnancy tumors). When the gingiva is inflamed the capillaries dilate and the oral bacteria trigger a response resulting in contractions and pre-term birth.
- Pneumonia: Certain bacteria in your mouth can be pulled into your lungs, causing pneumonia and other respiratory diseases such as Chronic Obstructive Pulmonary Disease (COPD), and emphysema. Saliva is one of the most important fluids in the body. It is a determinate of health and disease, especially when compromised patient are on multiple medications that cause xerostomia
- Diabetes: By reducing the body's resistance to infection, diabetes puts your gingiva at risk. Periodontal disease appears to be more frequent and severe among people who have diabetes.
- Research shows that people who have periodontal disease have a harder time controlling their blood sugar levels. Regular periodontal care can improve diabetes control.
- HIV/AIDS: Oral problems, such as painful opportunistic mucosal lesions, are common in people who have HIV/AIDS.
- Osteoporosis: This bone-weakening disease is linked with periodontal bone loss and tooth loss. Certain drugs used to treat osteoporosis, such as bisphosphonates, carry a small risk of damage to the bones of the jaw (osteo-radial necrosis).
- Alzheimer's disease: Worsening oral health is seen as Alzheimer's disease progresses
- According to the Surgeon General's report (Institute of Medicine, 2021) "Teeth, gingiva, tongue, salivary glands, and the organs of taste and smell—are unique to the craniofacial complex. Study of the diseases affecting these tissues has revealed a wealth of information about their special nature as well as the molecules and mechanisms that normally operate for the protection, maintenance, and repair of all the oral, dental, and craniofacial tissues. When factors perturb these nurturing elements, the oral health scale can tip toward disease. When those factors stem from systemic diseases or disorders, the mouth can sometimes mirror the body's ill health."

Despite being among the wealthiest countries in the world and home to some of the most advanced medicine and technology, the United States is experiencing a decline in the overall health and life expectancy of its citizens. Dental healthcare professionals must stand up and take our role as the oral physicians / dental nurses of the mouth, or we, and oral heath will not be viewed or accepted or vital and important roles in the healthcare continuum.

Yet, it is deeper for the NDA/NDHA professionals. There are greater national issues that impact healthcare delivery that the IOM has identified. Issues such as access to care, healthcare disparities, and most recently implicit biases. These issues cannot be addressed individually; they require the collective efforts of the NDA, NDHA, NDAA, and all the national organizations who have a stake in the outcomes.

In conclusion, we cannot deny the relationship between oral health and total health. Total healthcare is the responsibility of all members of the helping professions. And, most importantly, primary prevention is the best approach to preserving health, promoting well-being, and increasing life expectancy.

https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/dental/art-20047475

https://www.agd.org/docs/default-source/self-instruction-%28gendent%29/gendent\_nd17\_aafp\_kane.pdf

https://pubmed.ncbi.nlm.nih.gov/29099363/

https://www.hrsa.gov/sites/default/files/publichealth/clinical/oralhealth/advancingoralhealth.pdf

https://www.nidcr.nih.gov/sites/default/files/2017-10/ hck1ocv.%40www.surgeon.fullrpt.pdf

https://nihcm.org/publications/oral-health-health-equity



ADEA congratulates the **Diverse Dental Society (DDS)** 

on its
Multicultural Oral Health
Summit II and the Minority
Faculty, Administrators and
Practitioners Forum

ADEA supports the DDS mission to promote oral health equity and the advancement of students, faculty, staff, residents, fellows and oral health practitioners of color in dental education and the oral health profession.

AMERICAN DENTAL EDUCATION ASSOCIATION



## **Convention Awardees**



Immediate Past President Award Sheila L. Armstrong, DDS, FICD, FACD



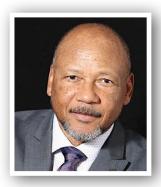
President's Award George W. Taylor, DMD, MPH, DrPH



Special President's Award LaVette C. Henderson, CMP, HMCC, FACD



Special Recognition Award Kim B. Perry, DDS, MSCS, FACD



Special Recognition Award Brian J. Swann, DDS, MPH



Life Member Award Leslie E. Grant, DDS, MSPA

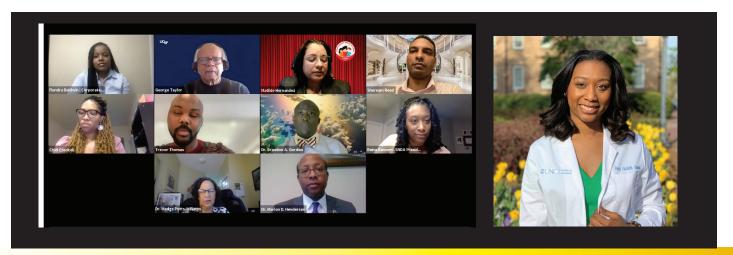




# **49th Annual SNDA Convention - One To Remember!**

By Carla Jones, DDS

From June 8th through June 12th, 2021, dental and pre-dental students from across the country tuned in for a jam-packed week filled with networking, fellowship, and engaging seminars. Under the leadership of Immediate Past President, Dr. Carla Jones, the 49th Annual SNDA Convention was made possible, allowing us to connect virtually. The sessions covered a variety of topics and included our Signature program Women 2 Women and Men 2 Men. The highly anticipated Rites of Passage Ceremony honored 41 New Dentists, one of which was Immediate Past President, Dr. Carla Jones, a 2021 graduate of the University of Michigan School of Dentistry, who recently began her pediatric dentistry residency. The ceremony featured awards for Chapter of the Year, the Research Symposium, Scholarship awards, and the unveiling of the 2021-2022 SNDA National Executive Board! Building on the momentum of the 49th Annual SNDA Convention, we are excited to soar to new heights during the 2021-2022 school year. This year's executive board, led by Student Doctor Reina Ransom, has hit the ground running with her strategic plan focusing within educational opportunities, building strong relationships, and promoting anti-racism. SNDA is on the move! For updates on SNDA, please check out our website at https://sndaonline.net





## Dentist and Student Abstracts Winners



Student Dr. Marsha-Kay Hutinson Basic Science



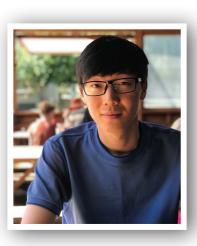
Student Dr. Alexandra Brown Clinical Studies



Student Dr. Erin Welter Public Health, Education & Community Outreach



Student Dr. Brian Hoang Honorable Mention



Student Dr. Muruudul Otgonbold Honorable Mention





## 2021 Leadership Winners



Joshua B. Tyson, DDS, MPH New Dentist Leadership Award



Shelly D. Taylor, DMD, MPH New Dentist Leadership Award



Carla Jones, DDS
Student Dentist Leadership Award



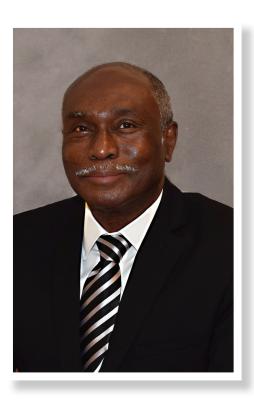
Student Dr. Taylor Jackson Student Dentist Leadership Award





Grishonda Branch-Mays, DDS, MS Associate Professor, Department of Developmental and Surgical Sciences University of Minnesota





Larry Dunham, DMD
Clinical Assistant Professor of General
Dentistry; Assistant Dean for Diversity,
Equity, Inclusion, & Belonging
Boston University



# DENTAL ASSOCIATION New Members

Dr. Isa M. Abu El Hawa

Dr. Silwat Adeel

Dr. Denise Adegoke

Dr. Folasayo Adunola

Dr. Lisa-Marie Agni

Dr. Yemi Ajayi

Dr. Brionna Anthony

Dr. Franklin C. Anya

Dr. Okechukwu Anyamele

Dr. Shirley Bailey

Dr. Inesha Baker

Dr. Taylor Baldwin

Dr. Ariel Banks

Dr. Ashli-Kay Bartley

Dr. Shavonna Beals

Dr. Breanna Benbow

Dr. Stephanie Bernard

Dr. Corey Berry

Dr. Natasha Bharucha

Dr. Edley Bobo-Petit

Dr. Felicia Bragg

Dr. Justine Braham

Dr. Khalia Branch

Dr. Mark Bronson

Dr. Michelle Brown

Dr. Robert Caesar

Dr. Randon Campbell

Dr. Markia Camper

Dr. Priscilla Carpenter

Dr. Allen Champion

Dr. Ethan Chase

Dr. Kera Collier

Dr. Jannas Etheldra Collins

Dr. La Ron Cotton

Dr. Chione Daniel

Dr. Robin Daniel

Dr. Gregory Davis

Dr. Navpreet Dhillon

Dr. Viviana Diaz

Dr. Sharon Distant

Dr. Jermelle Dolne

Dr. Khiara Drew

Dr. Chantall Z.B. Duvert

Dr. Ta'Ronn Earl

Dr. Ethel Esianor-Mitchual

Dr. Brandy Evans

Dr. Elizabeth Fadoju

Dr. Joanna Ferguson

Dr. Jennifer Franklin

Dr. Ivey Frazier

Dr. Justin Garner

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Dr. Jadesola Giwa

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Dr. Hubiin Hailu

Dr. Colin Haley Dr. Chad Hanniball

Dr. Ashkan Harandi

Dr. Amanda Harrington

Dr. Kerisa Harriott

Dr. Narmin Hejazifar

Dr. Cynetha Nycole Henderson

Dr. Breanna Henley

Dr. Debony R. Hughes

Dr. Jennifer Hunter

Dr. Jacquelyn Hunter Moore

Dr. Amirah Jackson

Dr. Ruthie M. Jimerson

Dr. C.D. Johnson

Dr. Malik Johnson

Dr. Carla Jones

Dr. Sybil Jones

Dr. Nicole Jones

Dr. Darryl K. Jones

Dr. Jennifer Jones

Dr. Niobe A. Joseph

Dr. Farah Khan

Dr. John Kim

Dr. Travis Kimble

Dr. Belinda King

Dr. Imelda Kwakye-Ackah

Dr. Jazmyn Laing

Dr. Lesley Latham

Dr. Yukting Lau

Dr. Merry Cris Lawas

Dr. Andrew Ledbetter

Dr. Tawana Lee-Ware

Dr. Maurissa Lester Dr. Charles Lewis

Dr. Zohra Madad

Dr. Tanya Sue Maestas

Dr. Mujahida Mahmoodi

Dr. Pareesa Malik

Dr. Brian Mays

Dr. Tiffany G. McPheeters

Dr. Mark Mehany

Dr. Destiny Miranda

Dr. Shashwata Mogali

Dr. Briana Moody

Dr. Cassandra Morand

Dr. Zelexis Morse

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Dr. Nadereh Nasr

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# Member Benefits

- **Public Policy Awareness & Advocacy**
- **Legislative Day** Free & Discounted Continuing Education
- **Opportunities**
- **Community Outreach Opportunities**
- **NDA-HEALTH NOW®**
- **Leadership Development Mentor/Mentee Opportunities**
- **New Dentist Programs** NDA Publications - (Flossline and NDA

**Conferences** 

- NewsBrief) **Privileged Access to Industry Events &**
- **Members Only Discounts on Products & Services**
- **Access to Career Resources Members Only Portal**
- **Corporate Roundtable Access**



# NDA Members Only Savings





Save up to 25% off Avis base rates plus get other great offers - Code AWD# D048003 Visit avis.com/nda or call 1-800-331-1212 to make a reservation.



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**www.savewithups.com/nda** or call 1-800-MEMBERS (1-800-636-2377)





NDA has partnered with Universal Background Screening, a company that specializes in employment background checks and drug testing for organizations nationwide. Visit

https://universalbackground.com/association-solutions/ or call 1–877–263–8033 x3216 to learn more

# 109 NATIONAL DENTAL ASSOCIATION CONVENTION

## PHOENIX AR

July 14-17, 2022 RIZONA GRAND RESORT & SPA

"The Cascading Intent Of Our Ancestors: Creating The Doorway For The Next Generation"

REGISTRATION

Membership Period: January 1 through December 31, 2022

Dental Specialty: Today's Date:

| Name  |   |                    |                 |  | □ DDS □ DMD □ Male □ Female  |  |
|---|---|--------------------|-----------------|--|--|--|
| Preferred Mailin  |   |                    | Hyphe           | en Name  | Suffix   |  |
| City  |   |                    | Sta             | te Zip   | ☐ Home ☐ Office ☐ New Address  |  |
| Phone (Work) _  |   |                    |                 |  | (Home)   |  |
| (Cell)  |   | E                  | -Mail           |  |  |  |
|   |   |                    |                 |  | Year Degree Conferred  |  |
| REGISTRATION FEES. CONVENTION Admission to  |   |                    |                 | to All Scientific Sessions   |  |  |
| CATEGORIES  | By December 31,2021                                   | JAN - MAR 30, 2022 | APR - MAY, 2022 | JUNE AND ONSITE  | GRADUATES & RESIDENTS  |  |
| NDA MEMBER  | □ \$ 550  | □ \$ 600           | □ \$ 650        | □ \$ 750   | DUES & REGISTRATION INFORMATION  |  |
| NEW DENTIST(<5yrs)  | □ \$ 350  | □ \$ 400           | □ \$ 450        | □ \$ 500   | DUES FOR GRADUATES*  |  |
| One Day Rate  | □ \$300   | □ \$ 350           | □ \$ 375        | □ \$ 400   | NOTE: Copy of DDS or DMD diploma or letter from school confirming your degree date Is required for all Graduates (NO   |  |
| Non-Member  | □ \$ 800  | □ \$ 850           | □ \$ 900        | □ \$ 1150  | EXCEPTIONS). Residency Completion Certificates and Master  |  |
| Current Resident**  | □ \$ 300  | □ \$325            | □ \$ 325        | □ \$ 350   | Degrees do not qualify for "Graduate Status." Applications will not be processed until required documentation Is received.   |  |
| 2021 Graduate   | □ \$ 300  | □ \$300            | □ \$ 325        | □ \$ 325   | DUES AND REGISTRATION FOR RESIDENTS**  |  |
| SPECIAL EVENT TICKETS   | By December 31, 2021                                  | JAN - MAR 30, 2022 | APR - MAY, 2022 | JUNE AND ONSITE  | 1  |  |
| GALA  | x \$ 100  | x \$ 120           | x \$ 130        | x \$ 140   | NOTE: Copy of DDS or DMD diploma and letter from Chairman confirming your program start and end dates are required for all   |  |
| WHS Awards Luncheon   |   | x \$ 80            | x \$ 85         | x \$ 90  | residents (NO EXCEPTIONS). Resident dues and registration<br>are for dentists participating in a Residents program and NOT<br>after the completion of the program. Applications will not be  |  |
| Civil Rights Luncheon   | x \$ 65   | x \$ 65            | x \$ 75         | x \$ 75  |  |  |
| CPR   | x \$ 80   | x \$ 80            | x \$ 85         | x \$ 90  | processed until all required documentation is received.  |  |
| Sub-Total \$  2022 MEMBERSHIP DUES:  Active Member \$395  Active Military/Affiliate/International/Associate (non-dentist) /Full time faculty \$270  Retired Member \$100  2020 Graduate* \$200  2021 Graduate* \$50  2022 Graduate* \$50  Current Resident** \$50  Check here if you prefer to receive your registration forms delivered by postal mail. A \$15 service fee applies.  All convention Spouses & guests, including office managers must register with NDAA. |   |                    |                 | REMINDER: NDA Dues are structured as a tri-par-tite. Therefore, in order to be deemed a member-in-good-standing, your national, state, and local dues must be paid in full.  Registration Fees Total \$  Membership Dues Total \$  Sub-Total: \$ |  |  |
| PAYMENT INFORMATION  Check or Money Order Credit Card  Card Holder's Signature & Date  |   |                    |                 |  |  |  |
| Discover MasterCard VISA  | Credit Number  Expiration Date  M M Y  IER CONTRIBUTI | CW<br>Y CW         | Billing Zip-Coo |  | Fax: 240.297.9181 Online: www.ndaonline.org  By signing this form, you give NDA permission to charge your card for the amount indicated on or after the indicated date. This is permission for a single transaction only, and does not provide authorization for any additional unrelated debits or credits to your account.  EACH CONTRIBUTION [tax deductible - 501(c)3] |  |
| □ NDA Endowment Fund \$ □ NDA Legacy Fund (donations also available online) \$  |   |                    |                 |  |  |  |



3060 Mitchellville Road, Suite 215 Bowie, MD 20716 ADDRESS SERVICES REQUESTED



#### **SUMMER-FALL EDITION 2021**

#### NDA Mission Statement

The National Dental Association promotes or al health equity among people of color by harnessing the collective power of its members, advocating for the needs of and mentoring dental students of color, and raising the profile of the profession in our communities.

#### **Contact NDA**

By Mail:

3060 Mitchellville Road, Suite 215 Bowie, MD 20716

Office: 240.241.4448 Toll Free: 877.329.7973 Fax: 240.297.9181

Email: sstone@ndaonline.org www.ndaonline.org







#### **Pay Online**

- 2022 Membership Dues (local, state and national)
- 2022 Convention July 14-19 in Phoenix.
- Make NDA and SNDA Donations-Continue the Legacy

#### Visit our website: www.ndaonline.org

#### **NDA Going Green**

Please contact the National Office with any address and phone number changes. We want to keep you informed of what is going on at the NDA!

### Visit our website and get updated information on:

- Membership
- Convention
- Society News
- Scholarships
- Career Opportunities and MORE!

#### **NDA Staff**

Keith Andrew Perry, JD

Executive Director

#### kperry@ndaonline.org

Nicole Cheek, DDS Director of Special Projects ncheek@ndaonline.org

LaVette Henderson, CMP, HMCC, FACD Director of Finance

lhenderson@ndaonline.org

Shelaine Stone, HMCC
Members & Exhibitor Specialist
sstone@ndaonline.org

Ebonei White Membership Services Coordinator ewhite@ndaonline.org